Most European firs occur predominantly in small to medium-sized populations in the Mediterranean region, sometimes with fragmented and limited distributions, except for silver fir (Abies alba). They all are genetically closely related and can easily hybridize, perhaps as a consequence of late speciation during the late Quaternary. Circum-Mediterranean firs occur principally in mountain areas with medium to high precipitation rates which are mostly concentrated during the winter period. The species are able to tolerate long droughts in summer and tend to form pure stands when in optimal habitats. In the past, firs have been extensively logged for construction and firewood and their stands were replaced by other more disturbance adapted species or converted into rural areas. Nowadays with the exception of silver fir and Caucasian fir (Abies nordmanniana), circum-Mediterranean firs do not have a wide commercial interest in Turkey. They are still exploited for timber wood, while other firs have an ornamental use in gardening. Great importance is given to their preservation, especially to those populations which have very limited areas and specimens, with the creation of protected reserves and conservation programmes. Wild fires, livestock grazing and genetic drift represent actually their main threats.

Circum-Mediterranean firs are evergreen conifers from medium (25 m in height for Abies numidica) to large size (up to over 60m in height for Abies alba and Abies nordmanniana), with columnar trunk and conical crown, which often becomes flattened or rounded in old trees. The stem is straight, compassed of short and horizontal branches regularly spaced. The needles are spirally arranged, radially pendulous and brush-like (Abies nordmanniana, Abies pinsapo; A. numidica), twisted to point upward (Abies cephalonica, Abies cilicica, A. nordmanniana) or pectinate in two lateral sets (Abies alba). They are from 1 to 4 cm long, flattened, linear, with two white bands of stomata beneath, rounded or more or less notched at the apex. Pollen cones are clustered along the undersides of the current year’s twigs, globular or conical, yellow-grey (A. alba, A. nordmanniana, A. cilicica) or reddish purplish (A. cephalonica, A. numidica; A. nordmanniana, A. pinsapo). Cones are ovoid to cylindrical, resinous, reddish or dark brown at maturity, with rounded scales which present hidden (A. pinsapo; A. numidica; Abies cephalonica) or protuding bracts (A. alba, A. nordmanniana, A. cephalonica; A. abies). Seeds are held in a membranous winged cup, brown-reddish, from 5 to 20 mm long. Wood is soft, white to light tan, with little difference between sapwood and heartwood.

Distribution

Today most of these fir species are segregated in small areas, as relic and endemic populations, separated by geographical barriers. A. pinsapo var. pinsapo occurs in South Spain in the provinces of Malaga and Granada. A. pinsapo var. maroccana grows in the western Rif Mountains in northern Morocco. A numidica occupies an area on Mount Babor and Tafarzah in the Kabylia region of Algeria. A. cilicica occurs in North Syria, Lebanon and South Turkey. A. nordmanniana has a wider range and is native to West Caucasus and the mountains of North-East Turkey along the Black Sea. A. numidiana subsp. equi-trojani forms pure stands on mountains in western Anatolia near to the Aegean Sea. Similarly, A. cephalonica has a widespread distribution, it occurs in the Regions of Espoirs, Macedonia, Peloponnesus, Sterea Ellas and the Ionian Islands. A. x borsi-regis grows in the mountains of the Balkan Peninsula in Bulgaria, northern Greece, the Republic of Macedonia, Albania and Serbia, overlapping the distribution areas of A. alba and A. cephalonica. A. nordmanniana forms only a small population located in the Madonie Mountains in the north-central part of Sicily.

Habitat and Ecology

Except for A. nordmanniana, which can be found also at sea level, generally the circum-Mediterranean firs occur in mountain habitats at altitudes of above 400 m, up to 2 400 m for A. pinsapo var. pinsapo. They are located in humid or even very humid climates with an annual precipitation over 750-8000 mm, concentrated principally during the winter period. Well established, mature trees can tolerate long drought periods, but suffer spring frosts. They develop in different parental materials, but grow best on deeper acid soils with good water reserves. Natural regeneration is normally abundant and easily inside their habitat range, but is best below a cover of which limits the risk of late frost damage and water transpiration lossess עבוד. Circum-Mediterranean firs commonly form pure stands in their optimal habitat, while at the borders they can be mixed with other tree species, such as beech (Fagus spp.), deciduous and evergreen oaks (Quercus spp.), pines (Pinus spp.), cedars (Cedrus spp.) and junipers (Juniperus spp.).

Importance and Usage

Fir wood is appreciated because it is easy to work with and aesthetically pleasant, due to its soft and light structure. Even if its quality is mediocre compared with other more valuable woods, like spruce (Picea abies), pines and cedars, it has been utilized locally for many purposes. Today A. nordmanniana, A. cilicica and A. x borsi-regis, where abundant, are still exploited and the wood is widely utilized in the building sector, for furniture manufacture, veneer and plywood. A. nordmanniana is particularly appreciated for its potential large size and regular timber. They are highly adapted to their typical species breeding, some firs have been used for selecting hybrids and cultivars with particular foliage colours, habit, and dimensions, and are widely planted as ornamental trees in gardens and parks. For example, A. pinsapo is particularly appreciated for its brush-shape twigs, A. nordmanniana is a popular Christmas tree because indoors young plants keep their needles longer. A. numidica is sometimes planted in hedges as it takes trimming well. Some firs have been cultivated in nurseries for their ornamental use, especially for those genera with a wide commercial interest and due to the threats, endemism and geographically scattered distribution, their preservation as genetic resources is a major challenge. Diverse genetic conservation strategies have been elaborated, complementing the protection of natural stands (national or local parks and reserves) with the conservation of genetic resources outside their natural habitats (plantations, orchards and conservation of genetic material in vitro and with cryopreservation). Southern fir populations deserve special attention under global warming conditions, particularly in regard to their genetic characters, which may be relevant for future adaptation processes of firs.

Threats and Diseases

In the past, deforestation due to logging and forest clearance for agricultural purposes was the main threat, especially for those fir species with a limited distribution area. In Lebanon and Syria fragmented and degraded forests of A. cilicica still suffer from urban pressure with ongoing cutting in marginal rural areas for fuel wood, while A. nordmanniana subsp. equi-trojani stands are more threatened by tourism development. Unlike others, A. pinsapo has never been extensively felled, probably due to the difficulty of access and the unsuitability for farming of lands occupied by those trees.

Actually, in many countries the most endangered firs for regulated by conservation laws and protected in natural reserves, which limit human activities. In these protected areas...
accidental fires represent the major cause of forest loss. Firs are particularly sensitive to excessive (anthropogenic) fire disturbance, which is pervasive in most Mediterranean areas. When severe, wild fires can destroy entire stands and degrade the habitat, making it less suitable for firs, so that post-fire regeneration is not always guaranteed. Goat and cattle grazing activity can be particularly destructive when invasive, damaging seedlings and young shoots of juvenile plants and limiting forest regeneration. Now in most fir forests pasturing continues under control, but in some isolated A. cilicica stands livestock grazing is still one of the main threats. Forests degraded by fire and grazing activity are more susceptible to pathogens. A. pinsapo has seen an increase in attacks of the root rot fungus Cryphalus numicus in recent decades, especially in drought periods. The isolation of populations due to fragmentation could give rise to a low genetic flow and therefore genetic diversity, which may represent another important factor weakening populations. New attempts have been planned for the use of compost and summer watering. On the other hand, A. cephalonica needs to be genetically protected, since it is potentially threatened by hybridisation with other fir species, such as A. obtusa, used in the past for plantations, and their hybrid A. x borisii-regis, which naturally co-exists in the northern part of A. cephalonica distribution. The latter benefits from wetter conditions, therefore A. x borisii-regis ingress may occur influenced by a change toward a warming climate.